Y not Tri Indoor Triathlon

18-Nov-18

Chattanooga Downtown YMCA

10 Min Swim/30 Min Bike/20 Min Run

Weather Conditions: Perfect, it was indoors :)

Scoring Rules

Swim: Each completed length earns 1 point.
Bike: Record total miles and multiply by 4.
Run: Record total mileage and multiply by 10.
Add up Swim, Bike, and Run points.

Course Records:

	Male		Distance	Year	Female		Distance	Year
Swim	RICK	SCHUMACHER	34.00	Feb 2016	SUSANNA	KIRBY	31.00	Feb 2016
Bike	RAFAEL	CARMONA	17.60	Mar 2017	EMILY	THOMPSON	19.50	Dec 2017
Run	RYAN	SCHUMACHER	3.73	Jan 2017	LESLIE	GENTRY	2.98	Dec 2017
Overall	RYAN	SCHUMACHER	139.50	Jan 2017	ANGELA	SHRUM	124.10	Feb 2018

						Swim					T1	Bike				T2	Run				Total
First	**Last**	**M/F**	**Place**	**Age Group**	**Start Time**	**Lengths**	**Yards**	**Time**	**Per 100/M**	**Lengths*1**		**Miles**	**Time**	**MPH**	**Mileage * 4**		**Miles**	**Time**	**Pace**	**Mileage * 10**	**Points**
Bruno	Martins	M	**1st Overall**	35-39	7:30 AM	28	700	0:10:00	0:01:34	28.00	0:10:00	16.00	0:30:00	32.00	64.00	0:10:00	3.34	0:20:00	05:59	33.40	125.40
Jay	Nevans	M	**2nd Overall**	45-49	9:50 AM	23	575	0:10:00	0:01:54	23.00	0:10:00	14.70	0:30:00	29.40	58.80	0:10:00	2.97	0:20:00	06:44	29.70	111.50
Josh	Erhard	M	**3rd Overall**	25-29	7:30 AM	21	525	0:10:00	0:02:05	21.00	0:10:00	13.70	0:30:00	27.40	54.80	0:10:00	3.32	0:20:00	06:01	33.20	109.00
Ryan	Granberry	M	1	10-14	8:40 AM	13	325	0:10:00	0:03:22	13.00	0:10:00	9.60	0:30:00	19.20	38.40	0:10:00	1.37	0:20:00	14:36	13.70	65.10
Gerrit	Bonteko	M	1	15-19	8:40 AM	20	500	0:10:00	0:02:11	20.00	0:10:00	11.60	0:30:00	23.20	46.40	0:10:00	3.07	0:20:00	06:31	30.70	97.10
Blake	Sweeney	M	2	15-19	9:15 AM	18	450	0:10:00	0:02:26	18.00	0:10:00	13.20	0:30:00	26.40	52.80	0:10:00	2.31	0:20:00	08:39	23.10	93.90
Brian	Kniegge	M	1	40-44	11:00 AM	17	425	0:10:00	0:02:34	17.00	0:10:00	14.60	0:30:00	29.20	58.40	0:10:00	2.44	0:20:00	08:12	24.40	99.80
Mark	Brock	M	1	55-59	9:50 AM	18	450	0:10:00	0:02:26	18.00	0:10:00	15.30	0:30:00	30.60	61.20	0:10:00	2.25	0:20:00	08:53	22.50	107.20
James	Kearney	M	1	65-69	9:50 AM	17	425	0:10:00	0:02:34	17.00	0:10:00	14.50	0:30:00	29.00	58.00	0:10:00	2.08	0:20:00	09:37	20.80	95.80
Larry	Nelson	M	1	70-74	9:50 AM	18	450	0:10:00	0:02:26	18.00	0:10:00	15.00	0:30:00	30.00	60.00	0:10:00	2.36	0:20:00	08:28	23.60	101.60
Lisa	Becht	F	**1st Overall**	30-34	9:50 AM	23	575	0:10:00	0:01:54	23.00	0:10:00	14.90	0:30:00	29.80	59.60	0:10:00	2.80	0:20:00	07:09	28.00	110.60
Taylor	Milliron	F	**2nd Overall**	10-14	9:15 AM	24	600	0:10:00	0:01:49	24.00	0:10:00	14.60	0:30:00	29.20	58.40	0:10:00	2.67	0:20:00	07:29	26.70	109.10
Maia	Delaney	F	**3rd Overall**	15-19	9:15 AM	22	550	0:10:00	0:01:59	22.00	0:10:00	15.00	0:30:00	30.00	60.00	0:10:00	1.99	0:20:00	10:03	19.90	101.90
Emily	Thomason	F	1	10-14	9:15 AM	23	575	0:10:00	0:01:54	23.00	0:10:00	12.90	0:30:00	25.80	51.60	0:10:00	2.21	0:20:00	09:03	22.10	96.70
Anna	Thomason	F	2	10-14	9:15 AM	25	625	0:10:00	0:01:45	25.00	0:10:00	11.50	0:30:00	23.00	46.00	0:10:00	2.21	0:20:00	09:03	22.10	93.10
Emma	Blakely	F	3	10-14	9:15 AM	19	475	0:10:00	0:02:18	19.00	0:10:00	8.20	0:30:00	16.40	32.80	0:10:00	1.37	0:20:00	14:36	13.70	65.50
Gracie	Ray	F	1	15-19	8:40 AM	19	475	0:10:00	0:02:18	19.00	0:10:00	10.70	0:30:00	21.40	42.80	0:10:00	1.88	0:20:00	10:38	18.80	80.60
Haley	Byrge	F	1	20-24	9:15 AM	18	450	0:10:00	0:02:26	18.00	0:10:00	12.00	0:30:00	24.00	48.00	0:10:00	2.13	0:20:00	09:23	21.30	87.30
Maddie	Taylor	F	1	25-29	9:50 AM	15	375	0:10:00	0:02:55	15.00	0:10:00	12.70	0:30:00	25.40	50.80	0:10:00	1.68	0:20:00	11:54	16.80	82.60
Kristy	Henegar	F	1	30-34	9:15 AM	19	475	0:10:00	0:02:18	19.00	0:10:00	14.00	0:30:00	28.00	56.00	0:10:00	2.41	0:20:00	08:18	24.10	99.10
Rebekah	Gilman	F	1	35-39	11:00 AM	21	525	0:10:00	0:02:05	21.00	0:10:00	14.20	0:30:00	28.40	56.80	0:10:00	2.30	0:20:00	08:42	23.00	100.80
Roxana	Araujo	F	2	35-39	9:15 AM	16	400	0:10:00	0:02:44	16.00	0:10:00	14.10	0:30:00	28.20	56.40	0:10:00	2.10	0:20:00	09:31	21.00	93.40
Amber	Milliron	F	1	40-44	9:15 AM	19	475	0:10:00	0:02:18	19.00	0:10:00	14.10	0:30:00	28.20	56.40	0:10:00	2.02	0:20:00	09:54	20.20	95.60
Kristen	Granberry	F	2	40-44	8:40 AM	13	325	0:10:00	0:03:22	13.00	0:10:00	8.00	0:30:00	16.00	32.00	0:10:00	1.54	0:20:00	12:59	15.40	60.40
Stacy	Hines	F	1	50-54	9:15 AM	11	275	0:10:00	0:03:59	11.00	0:10:00	13.20	0:30:00	26.40	52.80	0:10:00	1.91	0:20:00	10:28	19.10	82.90
Lorraine	Hurley	F	1	55-59	9:15 AM	21	525	0:10:00	0:02:05	21.00	0:10:00	11.60	0:30:00	23.20	46.40	0:10:00	2.50	0:20:00	08:00	25.00	92.40
Jana	Avla	F	1	60-64	7:30 AM	14	350	0:10:00	0:03:07	14.00	0:10:00	10.8	0:30:00	21.60	43.20	0:10:00	1.77	0:20:00	11:18	17.70	74.90
Collin & Tyler	Hand	M	**1**	**Relay**	9:50 AM	19	475	0:10:00	0:02:18	19.00	0:10:00	13.60	0:30:00	27.20	54.40	0:10:00	2.50	0:20:00	08:00	25.00	98.40